

# PLANT ME EAT ME



Lettuce varieties

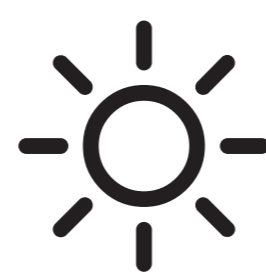
# SALAD LEAVES



Rocket  
(*Eruca sativa*)



Salad burnet  
(*Sanguisorba minor*)



Full sun



Keep the soil moist at all times –  
drought stress can cause a bitter taste



Space seedlings about 30cm apart to  
allow for good air circulation



In containers, use fertile, well-draining  
potting soil. In veggie gardens, enrich  
soil with compost and organic matter



Fertilise veggie gardens monthly,  
and containers every second week



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